



Ladies Golf Clinic Schedule

“New Monday and Wednesday Schedule”

The following Instructional Clinics are designed for golfers of all abilities and skill levels. Beginners looking to get that first exposure to the game of golf, intermediate players looking to identify that “rough” area in their game or the advanced players hoping to fine-tune their already skilled abilities.

Nine Holes of golf included after the lesson + one drink ticket

All clinics are open to ALL Members and Non-Members of Sandpiper Bay.

Cost for Member for *each session* is just **\$21.00**

Cost for Non- Members for *each session* is just **\$26.00**

Advance registration is required (4 Classes per day, Each starting 30 minutes apart)

Register by calling the Golf Shop; 910-579-9120

LADIES SCHEDULE

| <u>Session</u> | <u>Date</u> | <u>Topic</u> | <u>Time</u> |
|----------------|-----------------------------|---|-------------|
| 1 | Mon, July 22 / Wed July 24 | Beat the Pro Scramble | 11:30 |
| 2 | Mon, July 29 / Wed July 31 | Create a straight line on the lead side | 11:30 |
| 3 | Mon, Aug 5 / Wed Aug 7 | Keep your arms connected to the core | 11:30 |
| 4 | Mon, Aug 12 / Wed Aug 14 | Open up to hit it high | 11:30 |
| 5 | Mon, Aug 19 / Wed Aug 21 | Stop being wristy in your swing | 11:30 |
| 6 | Mon, Aug 26 / Wed Aug 28 | Shake hands in the back and down swing | 11:30 |
| 7 | Mon, No Clinic / Wed Sept 4 | Launch your Drives | 12:00 |
| 8 | Mon, Sept 9 / Wed Sept 11 | Turn your weight instead of shifting it | 12:00 |
| 9 | Mon, Sept 16 / Wed Sept 18 | Rotate under the chin , Not around it | 12:00 |
| 10 | Mon, Sept 23 / Wed Sept 25 | Swing Easy / Hit Hard | 12:00 |
| 11 | Mon, Sept 30 / Wed Oct 2 | Fall into the ball | 12:00 |
| 12 | Mon. Oct 7 / Wed Oct 9 | Finish balanced | 12:00 |
| 13 | Mon, Oct 14 / Wed Oct 16 | Perfect Pitching to make your swing | 12:00 |
| 14 | Mon Oct 21 / Wed Oct 23 | Stroke your ball | 12:00 |